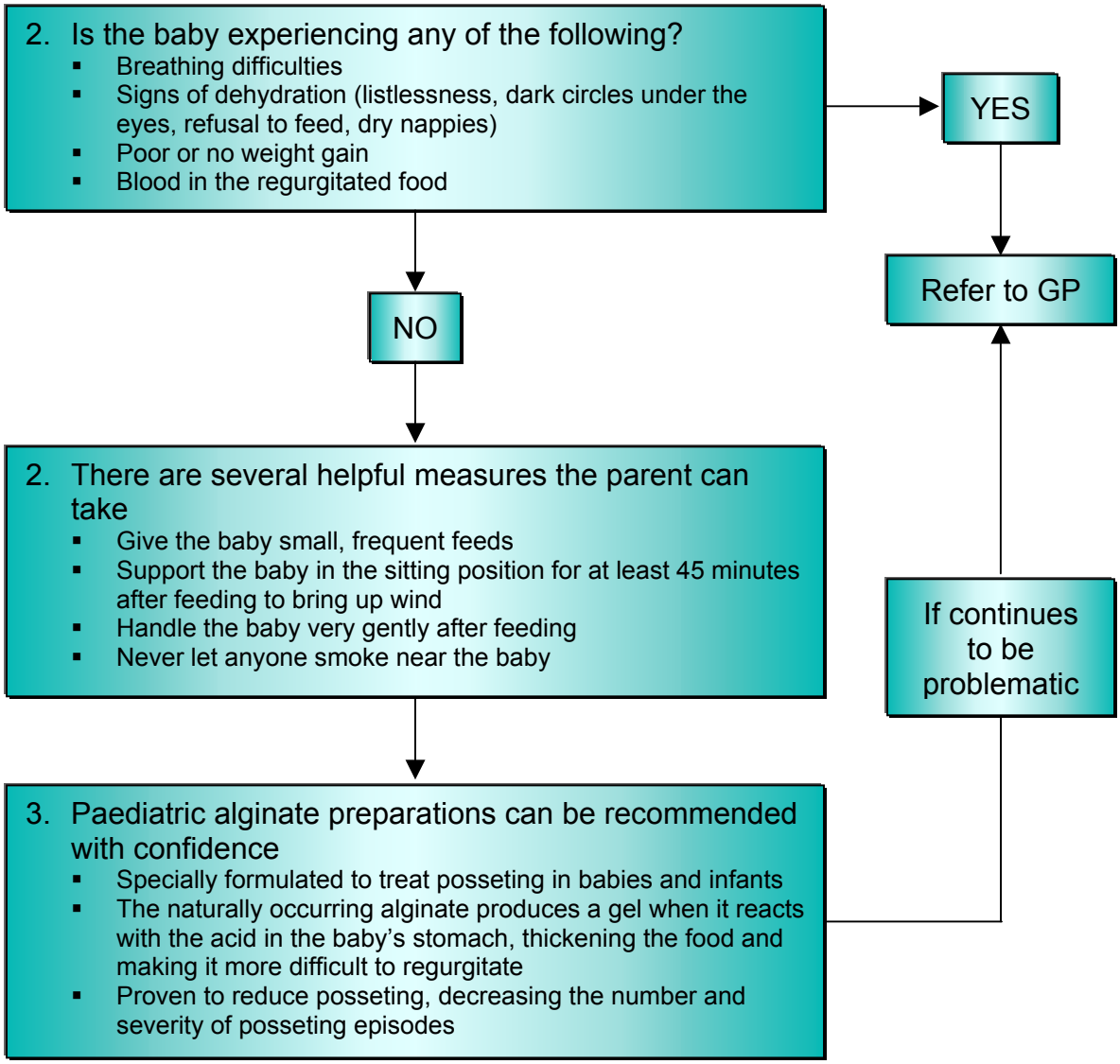An approach to managing posseting in babies